Carbon Monoxide Detectors



It is recommended that you also install one CO detector on every floor of your home and outside all sleeping areas, but only as backup. CO detectors help alert you to increase levels of CO, but are no substitute for following safety precautions.

Preventing CO from becoming a problem in your home is better than relying on an alarm. Call a professional if you have any concerns. Free Carbon Monoxide Readings for Morongo Tribal Members

If you have concerns about carbon monoxide in your home, call the Tribal Air Program at 755-5176 and we will come to your home and complete a CO level reading, at no charge to Morongo Tribal Members

Protect your family from "THE SILENT KILLER"

Morongo Band of Mission Indians Environmental Protection Department Tribal Air Program

12700 Pumarra Rd. Banning, CA 92220 Phone: 951.755.5176 Fax: 951.755.5299 Is Your Family and Home Safe from Carbon Monoxide Poisoning?



Morongo Band of Mission Indians Environmental Protection Department



Protecting your Family from Carbon Monoxide Poisoning

What is Carbon Monoxide (CO)?

Carbon monoxide (CO) is a colorless, odorless and tasteless poisonous gas that is produced by fuel-burning appliances and equipment. If an appliance or



equipment malfunctions or is improperly installed. CO can back up into the home, reaching dangerous levels and quickly causing injury or death.

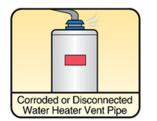
How Does Carbon Monoxide Harm you?

Carbon monoxide prevents oxygen from being used by your body, causing suffocation and harming your central nervous system. When oxygen is robbed from the brain and other organs, death can result. In addition, up to 40% of survivors of severe CO poisoning develop memory impairment and other serious illnesses.

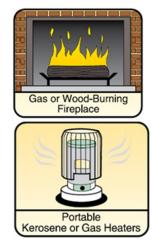
Who is at risk?

Everyone is at risk of being poisoned by carbon monoxide. However, individuals with existing health problems such as heart and lung disease and the elderly are especially vulnerable. Infants, children and pregnant women are also at risk.

What are Possible Sources of **Carbon Monoxide?**







The best defense against CO poisoning is proper installation, maintenance and safe use of these appliances. Have a trained professional inspect and clean furnaces, flues and chimneys annually.

Portable Generators







What are the Symptoms of **Carbon Monoxide Poisoning?**

Carbon monoxide poisoning mimics many common illnesses, such as the flu and food poisoning.

Common symptoms are:

- headaches
- dizziness
- blurry vision
- weakness
- disorientation
- respiratory failure •
- unconsciousness rapid heartbeat
- nausea vomiting

loss of Hearing

seizures

- cardiac arrest
- coma

•

Always check with your doctor. This list is not meant to serve as a diagnosis for CO poisoning, but it is meant to provide information on CO poisoning symptoms.

How Can You Protect You Family from CO Poisoning?

- Never idle your car inside an attached garage
- Keep gas appliances properly adjusted
- Open flues when using fireplace
- Never use charcoal grills to heat your home
- Never use a generator indoors
- Never use a gas oven to heat your home
- Use proper fuel in kerosene space heaters
- •Have professionals clean and tune-up your central heating system
- Do not ignore symptoms; you may lose consciousness and die if you do nothing.